

DÉCOUVRIR

Discover a trade
or profession

Job shadowing
and observation



Québec 

Why participate in DÉCOUVRIR?

SO THAT YOU CAN:

- Know exactly what a trade involves
- Explore a workplace
- Develop aptitudes
- Spark new interests
- Gain experience
- Validate an occupational choice

DÉCOUVRIR is part of Emploi-Québec's slate of programs and measures that includes Alternative jeunesse, Jeunes en action and Québec pluriel.

What about financial assistance?

If you're eligible, you could receive financial assistance from Emploi-Québec throughout the workplace experience.



Job shadowing or observation...

another step on the
road to employment!

Are you under 25 years old **AND UNEMPLOYED?**

- Do you want to **find out how interested** you are in a trade?
- Do you want to **confirm your career choice**?
- Do you want to see what a **real workplace** is like?

DÉCOUVRIR

gives you access to a bank of quality workplace experiences.

Here's your opportunity to see a trade or profession firsthand, see how motivated you are and maybe even discover a new passion!



“To continue to prosper, Québec really needs young people like you. If you’re unemployed and want to kindle your ambitions, make a dream come true, or discover a new passion, *Découvrir* is for you!”

— **Sam Hamad**
Minister of Employment and Social Solidarity

*Discover a trade or profession,
awaken your ambitions,*

and realize a dream!

What kinds of experiences are offered?

- **JOB SHADOWING**

You can spend up to four weeks carrying out certain tasks in a workplace that matches your personal and occupational interests. This way, you can see whether your choice is up to your expectations and show a potential employer what you can do.

- **OBSERVATION**

You can spend a few weeks observing a given work environment and seeing what a job that interests is like in the real world. This way, you can get a better idea of the occupation and make some invaluable contacts with the people in that environment.

During the workplace experience, you’ll be guided by a resource person and supervised by a mentor from the host workplace.

How can you qualify for these workplace experiences?

- If you are a participant of Alternative jeunesse, Jeunes en action or any other Emploi-Québec measure, talk about it to the resource person assigned to you.
- If you are not part of an active measure, you can meet with an employment officer at your local employment centre.





These people can also assess your employment needs and propose a workplace experience based on your areas of interest. They can also help you find a job or training.

For further information

You can contact your local employment centre or the Bureau des renseignements et plaintes of the Ministère de l'Emploi et de la Solidarité sociale at the following numbers:

Québec City region

418 643-4721

Elsewhere in Québec, toll free

1 888 643-4721

www.emploiquebec.net

PLEASE NOTE

This general information document may not be used for legal interpretation purposes and does not replace the provisions of the applicable acts and regulations.

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